

How much water do you use in a week?

	Day 1	Day 2	Day	Day 4	Day 5	Day 6	Day 7	Total
1 Bath: How many baths did you take today?								
2 Shower: How many showers did you take today?								
3 Teeth brushing: How many times did you do this today?								
4 Hands/face washing: How many times did you do this today?								
5 Face/leg shaving: How many times did you do this today?								
6 Dishwasher: How many times did you use this today?								
7 Dishwashing by hand: How many times did you do this today?								
8 Clothes washing (machine): How many times did you do this today?								
9 Toilet flush: How many times did you do this today?								
10 Glasses of water consumed: How many glasses did you drink today?								

Total Gallons: _____

We're not taking into account everything you use water for, such as cooking and dog washing. And, water use for all activities vary by individual. You might use five gallons to wash dishes by hand, but your sister might use ten. You might leave the water running when you brush your teeth, but your brother might not. If you live in a newer house, your toilet probably uses less water per flush than the toilet in a very old house. Newer houses also have shower and faucet heads that use less water than before (look at the end piece on your sink faucet -- it should have the number of gallons per minute that it will allow stamped in it).

Summary: